



# Happy Thanksgiving



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<b>01</b> 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 Crossword Puzzle EC 01:30 Left, Right, Center w/Michelle PN 02:30 American Flag Craft PN 03:00 Non-Denominational Worship Service EC 04:00 Happy Hour FBB 06:30 Sunday Night Movie FBB	<b>02</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Sit & Be Fit w/Michelle FC 11:00 Beach Ball Volleyball EC 02:00 RESIDENT Council EC 03:00 Bingo EC 04:00 Happy Hour FBB 06:30 Monday Night Documentary FBB	<b>03</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 You Be the Judge EC 01:30 Corn Hole PN 02:00 Bingo EC 04:00 Happy Hour FBB 06:00 Resident Led-Hearts Card Game PN	<b>04</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Sit & Be Fit w/ Michelle FC 10:30 Bingo EC 01:30 Resident's Activity Meeting EC 02:30 Card Games-Gin Rummy w/ Michelle and Alison PN 03:00 Bible Study EC 04:00 Happy Hour feat. Just Us Duo FBB	<b>05</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 10:30 Bingo EC 01:30 Left, Right, Center w/Michelle PN 01:30 Thursday Matinee w/ Popcorn-The African Queen EC 02:30 Classic Television Theme Songs PN	<b>06</b> 08:00 1:1 Activities ATB 09:30 Hometown Hero's FP 10:30 Sit & Be Fit with Rockie FC 11:00 American Sign Language with Norma Jean EC 01:30 Great Courses-History of the United States EC 03:00 Ice Cream Social FBB 04:00 Happy Hour FBB 06:30 Friday Night Flick-Resident's Choice FBB	<b>07</b> 10:15 Name that Tune EC 11:30 Morning Stretch and Workout FC 01:30 Bingo EC 03:00 Resident Led-LRC PN 04:00 Happy Hour FBB 06:15 Music Hour w/ Pat and Alexa PN
<b>08</b> 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 Crossword Puzzle EC 01:30 Left, Right, Center w/Michelle PN 03:00 Non-Denominational Worship Service EC 03:00 Daily Chronicles & Trivia PN 04:00 Happy Hour FBB 06:30 Sunday Night Movie FBB	<b>09</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Sit & Be Fit w/Michelle FC 11:00 Noodle Ball FC 01:30 Bingo EC 04:00 Happy Hour FBB 06:30 Monday Night Documentary FBB	<b>10</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 You Be the Judge EC 01:30 Corn Hole PN 02:00 Bingo EC 04:00 Happy Hour FBB 06:00 Resident Led-Hearts Card Game PN	<b>11 Veterans Day</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Sit & Be Fit w/ Michelle FC 10:30 Bingo EC 11:00 Songs that Got Us Through WWII EC 01:30 Veteran's Day Program ATB 03:00 Bible Study EC 04:00 Patriotic Happy Hour feat. Richie Bell FBB	<b>12</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 10:30 Bingo EC 01:30 Thursday Matinee w/ Popcorn-Hannah and Her Sisters EC 01:30 Left, Right, Center w/Michelle PN 02:30 Ask Anything! PN	<b>13</b> 08:00 1:1 Activities ATB 09:30 Bridge Trivia EC 10:30 Sit & Be Fit with Rockie FC 11:00 Random Trivia EC 01:30 Name that Jingle EC 02:30 Podcast- Paul Harvey, "The rest of the story." EC 04:00 Happy Hour FBB 06:30 Friday Night Flick-Resident's Choice FBB	<b>14</b> 10:30 Daily Chronicles & Trivia FP 11:30 Morning Stretch and Workout FC 01:30 Bingo EC 03:00 Resident Led-Hearts Card Game PN 04:00 Happy Hour FBB 06:15 Music Hour w/ Pat and Alexa PN
<b>15</b> 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 Crossword Puzzle EC 01:30 Left, Right, Center w/Michelle PN 03:00 Non-Denominational Worship Service EC 03:00 Daily Chronicles & Trivia PN 04:00 Happy Hour FBB 06:30 Sunday Night Movie FBB	<b>16</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Sit & Be Fit w/Michelle FC 11:00 Beach Ball Volley Ball EC 01:30 Bingo EC 03:15 Take What you Need Box EC 04:00 Happy Hour FBB 06:30 Monday Night Documentary FBB	<b>17</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 You Be the Judge EC 01:30 Corn Hole PN 02:00 Bingo EC 04:00 Happy Hour FBB 06:00 Resident Led-Hearts Card Game PN	<b>18</b> 09:00 Morning Stroll w/Michelle FP 10:00 Food Meeting w/ Chef Bruce EC 10:00 Sit & Be Fit w/ Michelle FC 10:30 Bingo EC 01:30 Aromotherapy Pendants PN 02:00 Cooking Demo w/ Chef Bruce FBB 03:00 Electronics Class PN 03:00 Bible Study EC 04:00 Happy Hour feat. Kathy FBB	<b>19</b> 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 10:30 Bingo EC 01:30 Thursday Matinee w/ Popcorn-Home for the Holidays EC 01:30 Left, Right, Center w/Michelle PN 02:30 Classic Television Commercials PN	<b>20</b> 09:30 Coffee Klatch PN 10:30 Sit & Be Fit with Rockie FC 11:00 Modern Jeopardy Trivia EC 02:00 "Floating into the Weekend" Root Beer Floats and Orange Dreamcicles FBB 03:00 Crime and Puzzlement PN 03:00 Word Play EC 04:00 Happy Hour FBB 06:30 Friday Night Flick-Resident's Choice FBB	<b>21</b> 10:30 Daily Chronicles & Trivia FP 11:30 Morning Stretch and Workout FC 01:30 Bingo EC 03:00 Resident Led-LRC PN 04:00 Happy Hour FBB 06:15 Music Hour w/ Pat and Alexa PN
<b>22</b> 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 Crossword Puzzle EC 01:30 Left, Right, Center w/Michelle PN 03:00 Non-Denominational Worship Service EC 03:00 Daily Chronicles & Trivia PN 04:00 Happy Hour FBB 06:30 Sunday Night Movie FBB	<b>23</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Sit & Be Fit w/Michelle FC 11:00 Noodle Ball FC 01:30 Pie Tasting FBB 02:30 Bingo EC 04:00 Happy Hour FBB 06:30 Monday Night Documentary FBB	<b>24</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 You Be the Judge EC 01:30 Corn Hole PN 02:00 Bingo EC 04:00 Happy Hour FBB 06:00 Resident Led-Hearts Card Game PN	<b>25</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Sit & Be Fit w/ Michelle FC 10:30 Bingo EC 11:45 Men's Club PN 01:30 Finishing Words, Lines & Lyrics EC 02:30 Where in the World? SNACKS, Trivia & Facts FBB 03:00 Bible Study EC 04:00 Happy Hour feat Ralph FBB	<b>26 Thanksgiving Day</b> 08:00 1:1 Activities ATB 10:30 Bingo EC 01:30 Thursday Matinee w/ Popcorn-Planes, Trains and Automobiles EC 01:30 Left, Right, Center w/Michelle PN 02:30 Daily Chronicle & Trivia PN 03:30 History of Thanksgiving PN 04:00 Happy Hour FBB	<b>27</b> 08:00 1:1 Activities ATB 09:30 A Trip Down Memory Lane EC 10:30 Sit & Be Fit with Rockie FC 11:00 Jeopardy Trivia EC 01:30 Veteran's Club w/ Beer & Cookies FBB 02:00 Women's Social Club EC 04:00 Happy Hour FBB 06:30 Friday Night Flick-Resident's Choice FBB	<b>28</b> 10:30 Daily Chronicles & Trivia FP 11:30 Morning Stretch and Workout FC 01:30 Bingo EC 03:00 Resident Led-Hearts Card Game PN 04:00 Happy Hour FBB 06:15 Music Hour w/ Pat and Alexa PN
<b>29</b> 09:00 Morning Stroll w/Michelle FP 10:00 Resistance Exercise w/Michelle FC 11:00 Crossword Puzzle EC 01:30 Left, Right, Center w/Michelle PN 03:00 Non-Denominational Worship Service EC 03:00 Daily Chronicles & Trivia PN 04:00 Happy Hour FBB 06:30 Sunday Night Movie FBB	<b>30</b> 08:00 1:1 Activities ATB 09:00 Morning Stroll w/Michelle FP 10:00 Sit & Be Fit w/Michelle FC 11:00 Beach Ball Volley Ball FC 01:30 Bingo EC 04:00 Happy Hour FBB 06:30 Monday Night Documentary FBB					



- Meeting Places
- FBB Fort Brooks Bar & Bistro
  - PN Promenade
  - EC Event Center
  - FC Fitness Center
  - FP Front Porch
  - ATB Around the Building

### Resident Birthday's

- Dick S.-2<sup>nd</sup>
- Peggie S-8<sup>th</sup>
- Helen K-26<sup>th</sup>
- Helyn T-26<sup>th</sup>
- Kate R.-30<sup>th</sup>

\*\*\*\*All Activities are subject to change. Please check the daily sheets or the TV's for the most up to date information\*\*\*\*

